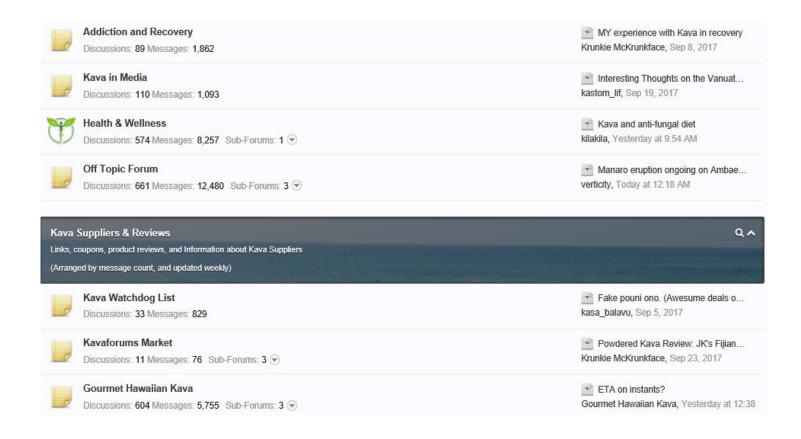
## Accessing Kava Reviews on The Kava Forums

Chris Allen at Gourmet Hawaiian Kava wants to make sure that everyone has access to the number one source of Kava Reviews on the Internet, The Kava Forums. These unbiased reviews are fun to read and the remarks by the members are also funny and entertaining. So here are the instructions for accessing the Kava Reviews at The Kava Forums.

This article has been published in PDF format for your convenience.

## Step 1: Click on this link to get to the kava forums main page. http://kavaforums.com/forum/

Underneath the heading that says Kava Suppliers & Reviews, select a vendor. Though you only see Gourmet Hawaiian Kava on this short screen shot, there are many Vendors below that that.



Step 3.Select a vendor. In this example, we are selecting Gourmet Hawaiian Kava and you get the<br/>resulting screen shot. On top, you see Kava Product Profiles, then Kava Product Reviews, and<br/>then Supplier Reviews. Select Kava Product Reviews to see reviews by the members.

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2	Gourmet Hawaiian Kava Product Profiles Discussions: 37 Messages: 64		Honokāne Gourmet Hawa	lki iian Kava, Jan 13, 2017
0	Gourmet Hawaiian Kava Product Reviews Discussions: 217 Messages: 1,523		Awa Moi M Kraken, Monda	licronized and shipping re y at 10:00 AM
2	Gourmet Hawaiian Kava Supplier Reviews Discussions: 2 Messages: 4		Gourmet Hawaiian Kava HeadHodge, May 2, 2017	
age 1 o	of 18 1 2 3 4 5 6 $\rightarrow$ 18 Next>			Post New Three Watch
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5	Title     Start Date       Supplier Profile     Gourmet Hawaiian Kava       Overall Product Rating for 36 Products       Overall Supplier Rating by 2 Members       Gourmet Hawaiian Kava, Mar 10, 2016		Views 1 1,057	HeadH
	Supplier Profile       Gourmet Hawaiian Kava         Image: Supplier Profile       Gourmet Hawaiian Kava         Image: Supplier Profile       Overall Supplier Rating by 2 Members	Replies:	1	HeadH May 1, Gourmet Hawaiian I
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	Supplier Profile       Gourmet Hawaiian Kava         Gourmet Hawaiian Kava       Image: Constant of the second secon	Replies: Views: Replies: Views: Replies:	1 1,057 2 68 1	Last Messa HeadH May 1, Gourmet Hawaiian N Yesterday at 12:3 Gourmet Hawaiian N Thursday at 12:4 Ladu Wednesday at 11:2

**Step 4**. All the reviews display on the screen. On the far right you can see the date and time they were posted. There may be pages of these reviews. Select the review of your choice.

Aark Forun	ns Read Search Forums Watched Forums Watched Threads Featured Threads Archive New Posts			
w Review	et Hawaiian Kava Product Reviews s Submitted for Gourmet Hawaiian Kava Products Thread Here to Submit Your Own Kava Product Review			
ge 1 of 11	$1  2  3  4  5  6  \rightarrow  11  \text{Next} >$			Watch For
į	Title Sta	rt Date Replies	Views	Last Message
<b>1</b>	Micronized Kava Review Awa Moi Micronized and shipping rereview Kraken, Monday at 10:00 AM	Replies: Views:	0 53	Krake Monday at 10:00 A
M ·	Micronized Kava Review Impressed with shipping times Gourmet Hawaiian kava Kraken, Sep 20, 2017	Replies: Views:	5 105	Krum Sep 21, 20
	Powdered Kava Review Papa 'Ele'ele Light, mellow tasty kava. Krungy, Sep 14, 2017	Replies: Views:	6 197	<b>Ibbyg</b> Sep 19, 20
ď	Micronized Kava Review Mahakea - Micronized My favorite so far TrippyHippie, Jul 29, 2017	Replies: Views:	2 269	Gourmet Hawaiian Ka Aug 2, 20
2	Powdered Kava Review Kūmakua Wow, just wow! Krungy, Jul 21, 2017	Replies: Views:	3 282	ThePip Jul 21, 20
ď	Micronized Kava Review Mahakea - Micronized Some of the best Hawaiian Kava I've had. ProjectK, May 30, 2017	Replies: Views:	5 542	ThePip Jul 13, 20
8	Powdered Kava Review Nene - Medium Grind Awesome, reliable kava perfect for weekday evenings Edward, Jul 3, 2017	Replies: Views:	6 253	nickbrok Jul 11, 20
4	Micronized Kava Review Kūmakua Kumakua. One of the 13 Kavas of Hawaii	Replies: Views:	6 488	PsyGu May 10, 20

**Step 5**. I selected the review entitled Kumakua, Wow just Wow. This was written by the one of the well loved admins on the Kava Forums, Krunky. The reviewer will assign an overall rating to the kava, the potency, mind (Heady) effects, body (Heavy) effects, anxiety relief effects, and sedative effects. He may comment on how he prepared the kava, side effects, taste, and finally an summary statement about this kava. At this point the members can reply to the thread to ask questions or to add their own impressions of the kava. At the Kava Forums, it's a group effort and there is great camaderie and love between the members. As I stated earlier, all the recommended vendors reside there and there are literally 100s of unbiased reviews.

	Overall: Would Reorder: Yes Might No
Contact	
Krun <sub>X</sub> y √	Potency:
Admin	Mind(Heady) Effects:
	Body(Heavy) Effects:
	Anxiety Relief Effects:
	Sedative Effects:
	Preparation Details:
	4 tbs, 2 Aluballs X 3.
	Effects Duration:
	on going
	Side Effects:
	Taste: